

12th Small States of Europe Karate Championships



SMALL STATES OF EUROPE
KARATE CHAMPIONSHIPS
MALTA 2026

MALTA

9th – 11th October 2026



SPORTMALTA



Malta
Tourism Authority



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MINISTRY FOR EQUALITY
AND CIVIL RIGHTS



Foreword Small States of Europe Karate Championships



The 2026 Small States of Europe Karate Championships to be held in Malta from October 9 to 11 continues to grow in relevance within the European karate community. It offers competitors from the small states of Europe a valuable opportunity to compete at the highest level in a tournament that is steadily gaining recognition for its quality and sporting standards. Each edition shows the commitment of these nations to develop karate and to provide their athletes with first-class international competition.

The increasing interest in this championship is also important as it strengthens the path toward the inclusion of karate in the Games of the Small States of Europe, a respected multi-sport event where athletes from across the region come together to celebrate sport, friendship and values. Karate is built on principles that align naturally with the spirit of the Games while offering a new opportunity to showcase the legacy of our sport in multi-sport events.

I would like to express my sincere appreciation to the Small States of Europe Karate Federation and its President, Katherine Broder, for their dedication to developing this competition and supporting karate across the region. My thanks also go to the Malta Karate Federation and its President, Kenneth Abela, for their commitment and courage in organising this championship and hosting a first-class event in Malta.

I wish all participants a successful championship and an enjoyable stay in Malta.

Antonio Espinós
President
World Karate Federation





Welcome by SSEKF president



Dear Karatekas and Friends,

I would like to express a very warm welcome to all of you athletes, coaches, referees, officials and other delegates to this year's 12th SSEKF Karate Championship in Malta. A big thanks and appreciation to all of you for your willingness to participate and meet in Malta on October 9 to 11, 2026 for this great event.

I have the pleasure to congratulate the Maltese Karate Federation, and especially its president Kenneth Abela and his team, for its initiative and great support to host the championship.

Besides I would like to express our sincere respect and thanks to the president of WKF/EKF Antonio Espinos for his continuous support and guidance to the SSEKF.

I'm sure that the 12th SSEKF championships will be an unforgettable experience for all involved and thus wishing you every success in your participation as well as a pleasant stay.

I call upon you to take advantage of every opportunity to see the beauties of Malta and experience the warm feeling of its people.

Sincerely,

Katy Broder





Welcome by MKF President



On behalf of the Malta Karate Federation, it is my great pleasure to welcome all participating federations, officials, coaches, and athletes to Malta for the 12th Small States of Europe Karate Championships.

We are proud to host this important event and grateful for the trust placed in us by the Small States of Europe Karate Federation. The Small States initiative is a powerful reminder that dedication, unity, and excellence know no size or borders.

Karate teaches us discipline, respect, resilience, and honour — values that unite us beyond competition. This championship is not only a stage for performance, but a celebration of friendship, mutual respect, and the shared passion that brings our nations together.

I would like to thank all the organizing committee involved for their hard work and for their commitment to make this a truly memorable experience. I would also like to thank our governing bodies, SportMalta and the Maltese Olympic Committee for their continued support throughout the years but especially so in the hosting of this important event.

We wish all athletes the courage to perform at their very best and all delegations a successful and memorable championship in Malta.

Welcome, and best of luck to all.





Competition Information

Organisers' contact details

Malta Karate Federation

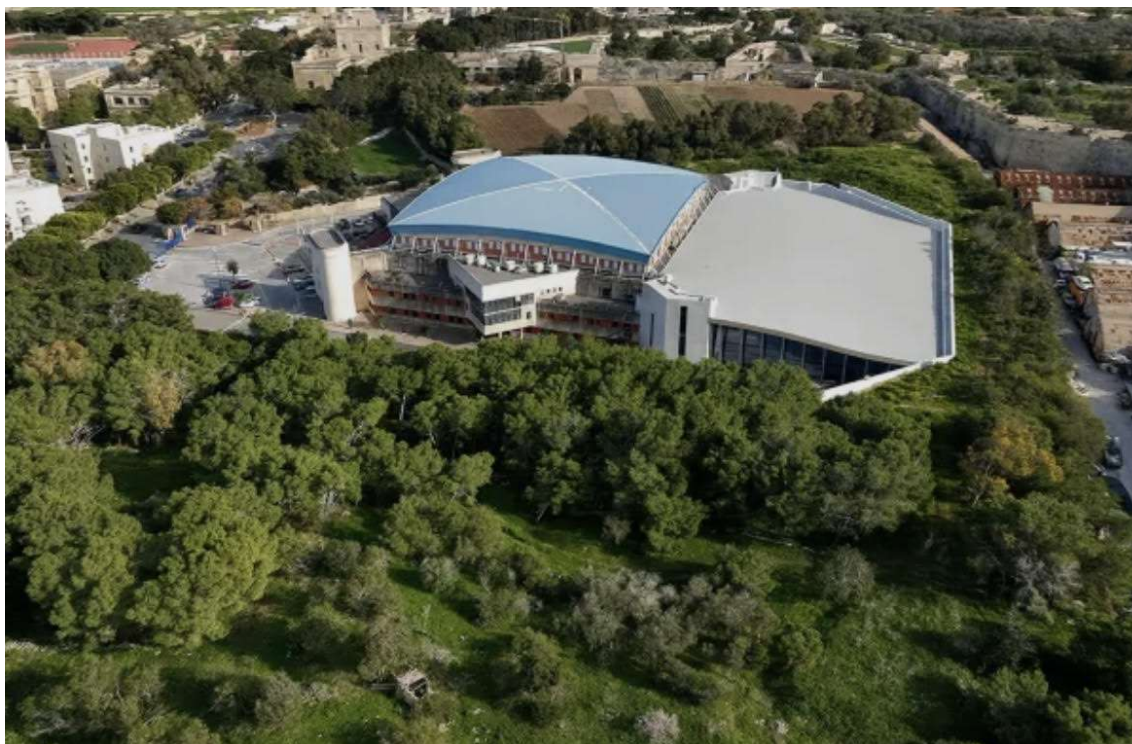
Master of Ceremonies: Michelle Conti

Tel: +356 9987 6841

Email address: events.director@maltakarate.com; info@maltakarate.com

Venue

[Cottonera Sports Complex](#), Cottonera Avenue, Cospicua BML 9020



Athletes

The tournament is open to all SSEKF members. All members of the national teams can participate (holding a passport/ID, residence card or membership of the national team).

Participants cannot be a member of any other national team. The national federation will guarantee the membership accordingly. (Checks will be done through Sportdata by the executive committee.)

Registration process

Entries must be submitted on the Sportdata website only (www.sportdata.org).





Should you have any technical issues with the registration, please contact support@sportdata.org.

Deadline is 24th September, 2026.

No registration or substitution is possible after this date.

Registration fees

Referee Course and Exam Fee	€40.00 per candidate
2026 Country Annual Licence	€200.00 per country
Competition Fee	€60.00 per competitor irrespective of the number of categories. <i>Athletes competing in team categories <u>only</u> do not pay this.</i> €75.00 per team

Payments must be received by 30th September, 2026. All fees are payable by bank transfer to the SSEKF bank account:

Account number:	40025273102
IBAN:	MT09VALL22013000000040025273102
Swift Code:	VALLMTMT
Bank:	Bank of Valletta plc

Competition rules

The competition will be ruled by the latest WKF rules as well as the official SSEKF Sports Rules and Regulations (Version 2026), for all categories. The helmet is mandatory for U14 categories.

Program and draws

Details of the competition program will be made available after all delegations' registration has been concluded.

At the championships, the finalists of all events of the previous year will be separated in different pools.

If less than 3 competitors are registered in a category, the competitors will be reallocated to the lower or higher weight category accordingly.

There needs to be a minimum of 2 countries participating per category. Therefore, if all participants in a category are registered from the same country, the category will not be held.





Each team will be provided with two (2) sets of printed draws. Any other copies must be printed by the teams themselves.

Liability

Each competitor must have their own medical insurance. The organiser does not accept any form of liability whatsoever.

Each competitor will have to sign a waiver to participate in the Championship.

Eligibility

Athletes

Only Karatekas who are members of the National Federation are allowed to participate in all SSEKF events based on article 3 of the SSEKF statutes.

In individual kumite competition, two (2) athletes per nation are eligible to compete in the available categories.

In individual kata competition, three (3) athletes per nation are eligible to compete in the available categories.

In team competition, 2 teams per nation are eligible to compete.

Each athlete may only compete in one team (kata and/or kumite) in the available category.

Registrations must include the athlete's first name, last name and date of birth.

The athletes must compete for the country they were registered by.

Athletes are allowed to compete once each in kata, kumite, individual/team (1 team). If a team of kata cannot form due to competitor numbers, age categories may be mixed. If a team of kumite cannot form due to competitor numbers, ages may be one category apart according to the table below. Moreover, junior athletes can register in senior individual kata based on the WKF rule for 16+ year of age.

Bunkai will only be performed in senior and U16/U18 team kata for medal bouts.

Athletes' age category will be determined by their age on the first day of competition, 9th October 2026.

Referees

Every country is obliged to provide at least three (3) referees.





Referees with a valid WKF/EKF license are welcome. **National referees must take the SSEKF Course, Briefing and Licence examinations in both kata and kumite**, which are based on the WKF exams. Only referees participating in the briefing and/or taking the exams can officiate the SSEKF European Championships. The referee course and accreditation process will be communicated to the national federations.

Coaches

Only persons with a valid, official SSEKF coach accreditation card can enter the competition area. **To receive accreditation, it's mandatory to attend the SSEKF coach briefing on site prior to the championship.** Other persons are not allowed in the competition area.

Official dress code is a track suit. The coach card is to be always worn visibly.

A coach has the right to compete as an athlete too with a valid athlete's accreditation card.

Categories

Individual kata and kumite

Category	Gender	Kata	Kumite *	Age
U14	F & M	X	X	12-13
U16	F & M	X	X	14-15
U18	F & M	X	X	16-17
U21	F & M	X	X	18-20
Seniors	F & M	X		16+
Seniors	F & M		X	18+

*** The weight classes will be conducted according to WKF rules.**

Team kata and kumite

Category	Gender	Team	Age
U14	F & M	Kata	12-13
U16 – U18	F & M	Kata	14-17
Seniors	F & M	Kata	16+
U14	F & M	Kumite (3 athletes)	12-13
U16	F & M	Kumite (3 athletes)	14-15
U18	F & M	Kumite (3 athletes)	16-17
Seniors	F & M	Kumite (3 athletes)	18+





Planned programme

Thursday, 8th October, 2026

Ramla Bay Resort, Mellieha

14:00 – 19:00	Registration of delegations	Maris Pre Function
16:00 – 16:30	Technical committee meeting	Maris Section B
16:30 – 18:15	EC and Congress meeting	Maris Section B

Ta' Marija Restaurant, Mosta

19:00	President's Dinner
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Friday, 9th October, 2026

Ramla Bay Resort, Mellieha

08:30 – 10:00	Registration of delegations	Maris Pre Function
10:30 – 11:30	Draws	Maris Pre Function

Cottonera Sports Complex, Cospicua

08:30 – 09:00	Referee committee meeting	Sala Teddie Borg
09:00 – 11:00	Referee seminar	Sala Teddie Borg
11:00 – 12:00	Referee exams	Sala Teddie Borg
12:00 – 12:30	Referee and coaching briefing (including deployment of tatamis)	Sala Teddie Borg
12:30 – 13:30	Referees lunch	Sala Teddie Borg
14:00	Entry of Competitors	
14:30	Kata & Kumite Individual U14/Cadet/U21 - Eliminations & Repechages	
18:00	Kata & Kumite Individual U14/Cadet/U21 – Finals & Bronze Medals	
19:00	Awards Ceremony	

Saturday, 10th October, 2026

Cottonera Sports Complex, Cospicua

09:30	Entry of Competitors
10:00	Kata Individual Juniors/Seniors - Eliminations & Repechages
12:00	Opening Ceremony
13:00	Kumite Individual Juniors/Seniors - Eliminations & Repechages
18:00	Kata & Kumite Individual Juniors/Seniors – Finals & Bronze Medals
19:00	Awards Ceremony





Sunday, 11th October, 2026

Cottonera Sports Complex, Cospicua

09:30	Entry of Competitors
10:00	Kata Team - Eliminations & Repechages
11:30	Kumite Team – Eliminations & Repechages
13:00	Kata & Kumite Team – Finals & Bronze Medals
14:30	Awards Ceremony
15:00	Referee debriefing

Travel Information

We advise all delegations to arrive latest on Thursday, 8th October, 2026 noon.

Airport



Malta International Airport is just a few hours away from the main airports in most European countries, with many flights running daily. The national airline, [KM Malta Airlines](#), operates flights to and from major airports in Europe. Other legacy airlines and various low-cost carriers also operate regularly to and from Malta. For more information about airlines, [click here](#).

Airport transfers





To avail yourselves of the prices listed below please send an email to Sarah Abela at info@suprememalta.com putting "**SSEKC2026: Transfers for Team <country>**" in the subject.

Transport	Price (inc VAT)	Description
50 seater coach	€130.00	One way
30 seater coach	€120.00	One way
16 seater minibus	€95.00	One way

Ferry

Malta is connected to Sicily via a regular ferry service to both Pozzallo and Marina di Ragusa. Arrival in Malta is at the Grand Harbour in Valletta, which is one of the most picturesque natural harbours, flanked on either side with historic fortifications.





Accommodation



Ramla Bay Resort

Triq Ir-Ramla, Mellieħa MLH 7100

Room	Price per room per night
Single	€140.00
Double	€155.00
Triple	€205.00
Quad	€225.00

Rates are per room per night and include daily breakfast and VAT. The Government Eco Contribution is not included, and will be settled directly at the hotel on arrival. To avail yourselves of the prices listed above, please send an email to Mr. Andy Tanti at groups@ramlabayresort.com putting "SSEKC2026: Accommodation for Team <country>" in the subject and including the promo code **RMLBSSEKF2026**.

Supplements

Buffet Dinner @ €25.00 per person, per day

Buffet Lunch & Dinner @ €50.00 per person, per day

Deadline for reservations is 31st May 2026. Availability of rooms will NOT be guaranteed after this date. Moreover, prices will increase substantially after this date. Malta is currently experiencing very substantial tourism, especially in that period early booking is encouraged to avoid complications and disappointment.

Other information

Weather

Malta's geographic location brings a remarkably favourable climate. In late October, the weather is mild and comfortable with daytime temperatures of around 24°C and nighttime temperatures of about 18°C. Occasional rain showers and thunderstorms may also be expected at this time of year.





Time zone

Spectacularly situated in the heart of the Mediterranean, Malta uses Central European Standard Time (CET), which is 1 hour ahead of Greenwich Mean Time (GMT 1). Like all European states, Malta reverts to Summer (Daylight-Saving) time, and local time is shifted forward by 1 hour. As a result, during Summer time, Malta is 2 hours ahead of Greenwich Mean Time (GMT 2). In 2026, the switch to winter time will be on 25th October.

Travel visa

Visas are not required by visitors travelling from EU, EEA, and EFTA countries provided the stay is for less than 90 days.

Language

Malta has two official languages, Maltese and English. Due to Malta's close proximity to Italy, most of the population is capable of conversing in Italian too.

Maltese sounds similar to Arabic. This is because it shares Arabic's roots as a Semitic language – in fact, it is the only Semitic language that is an official European Union language. However, unlike Arabic, Maltese is written in Latin script and read from left to right. It also includes a large number of words borrowed from English and Italian.

Emergency services

The three most commonly used emergency services in the Maltese Islands are the police, fire service, and emergency medical service. If you need to contact any of the services in the case of an emergency, kindly dial **112**. These calls can be made from any phone and are free of charge – only use them in a real emergency. In case of a medical issue that is NOT an emergency call **1400**.

Currency

Malta's currency is the Euro (€/EUR). The Euro coin series comprises eight different denominations: 1, 2, 5, 10, 20 and 50 cent, €1 and €2. The Euro coins have a common side and a national side. The national side indicates the issuing country.

Banks

Banks are normally open until early afternoon from Monday to Friday, and until midday on Saturday. Some banks/branches work longer hours. Summer and Winter opening hours may differ.

Electricity

Electricity is fast, efficient, abundant, and reliable, with a three-pin rectangular plug G system, like the United Kingdom. Malta's power sockets deliver an average voltage of 230 v +/- 10%. The frequency of the supply is 50 hertz.





Driving

Unlike most of Europe, driving in Malta is on the left, with a speed limit of 60-80 kilometres per hour on the open road and 30-50 kilometres per hour in villages or built-up areas, unless otherwise indicated. Speed limits are often signposted - lookout for a circular sign, with a red border and number (in kilometres per hour). If there is no signpost, national speed limits apply.

Further information

visitmalta.com



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