

10th SMALL STATE OF EUROPE CHAMPIONSHIP



MONACO 2024 CHAMPIONSHIP



VERSION 3 – 14 JULY 2024

KARATE

CHAMPIONSHIP
MONACO

2024

FOREWORD BY THE **WKF** PRESIDENT

The 10th edition of the Small States of Europe Karate Championships, which will take place in Monaco from November 1 to 3, 2024, will be a milestone event for the sport as it will bring together the best athletes from the nine member nations of the Small States of Europe Karate Federation in a competition of growing scale and relevance.

This tournament plays a crucial role in karate's participation in the 2025 Games of the Small States of Europe, set to be held in Andorra next year, and the success of our championship in Monaco will greatly showcase the excellence of our sport and the many added values of Karate at multi-sport events.

Building on the achievements of previous editions, we anticipate another outstanding tournament. The 2023 championship in Luxembourg saw over 300 athletes from our nine small states participating, setting a high standard for competition and sporting spirit. We are confident that the 2024 championship will continue this tradition of brilliance, providing a platform for our athletes to shine.

I extend my heartfelt gratitude to the Small States of Europe Karate Federation and its president, Andreas Vasileiou, for offering our athletes the opportunity to compete at the highest level. I also want to thank the Monaco Karate Federation and its president, Claude Bollati, for their outstanding work in hosting this year's event.

As we gather in Monaco, let us celebrate the spirit of karate, the skill of our athletes, and the unity of our small states. Best of luck to all the participants and organisers and a big "Oss" to all of you Karate fans.



Antonio Espinós
EKF and WKF President

KARATE

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WELCOME BY THE SSEKF PRESIDENT

It is with great pleasure that the Small States of Europe will meet this year in Monaco for the 10th edition of the SSEKF Championships.

Monaco has been from day one a full member and a supporter of the SSEKF and therefore this year we will be enjoying every moment in Monaco since the organizing country has been working hard to achieve a high standard of competitions.

In the prospect of the participation of Karate for the very first time in the “multisport” Games of the Small States of Europe next year 2025 in Andorra, the championship in Monaco will be of prime importance since the senior categories will be used for the GSSE event for seeding and for some countries will be a qualifying event. In this respect, I would deeply thank the President of EKF/WKF Antonio Espinos for his continuous support the past years in our efforts to successfully access the GSSE 2025.

Sincere gratitude to the Monaco karate federation’s President Claude Bollati and Vice-President Frederic de Baets for their continuous efforts in organizing with success the 10th edition of the SSEKF.

Wishing everyone good success!

Andres Vasileiou
SSEKF President



KARATE

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WELCOME BY THE MONACO KARATE FEDERATION PRESIDENT

It is a great honor for the Monegasque Karate Federation to invite the federations of the small states of Europe to the 10th Annual SSEKF Karate Championships, which will take place in the Principality of Monaco from the 31st of October to the 3rd of November 2024.

As you know, Monaco covers an area of only two square kilometers and has only one multi-sport center. This year, basketball won first place in the French championship. This means that we will be deprived of a beautiful hall with a capacity of 5,000 spectators.



A second sports center has been put at our disposal. However, it can only hold 450 people. Nevertheless, the event will be held according to the rules laid down by the SSEKF.

The Monaco Olympic Committee has been particularly attentive to this event. It has been deeply involved in the prospect of Karate's future membership of the World Olympic Family.

Our Sovereign Prince ALBERT II is very aware of the development of sport, having himself competed at the highest level in bobsleigh.

We will do everything in our power to ensure that this competition is a success and that the SSEKF directors, the competitors and their companions have an image of Monaco that lives up to their expectations.

Small in territory but big in heart, we look forward to welcoming you to our Principality.

Claude BOLLATI

President Monaco Karate Federation

TRAVEL INFORMATION

We advise all delegations to arrive latest on Thursday, October 31st, 2024.

Car or Bus

MONACO is connected through highways reachable from FRANCE and also from ITALY. Delegations traveling by Bus or Car and can easily get there from all over Europe.

For Delegation arriving by Bus – there is specific regulation in MONACO and the need to book in advance the parking for the bus. During the championship, there is no need to bus as the Arene is at walk distance from the hotels.



Airport

Monaco has no own airport. The nearest major airport is the NICE COTE D'AZUR International Airport (NCE) in FRANCE. It is located approximately 20 km (30 min car drive) from MONACO and provides international connections to almost anywhere in the world.

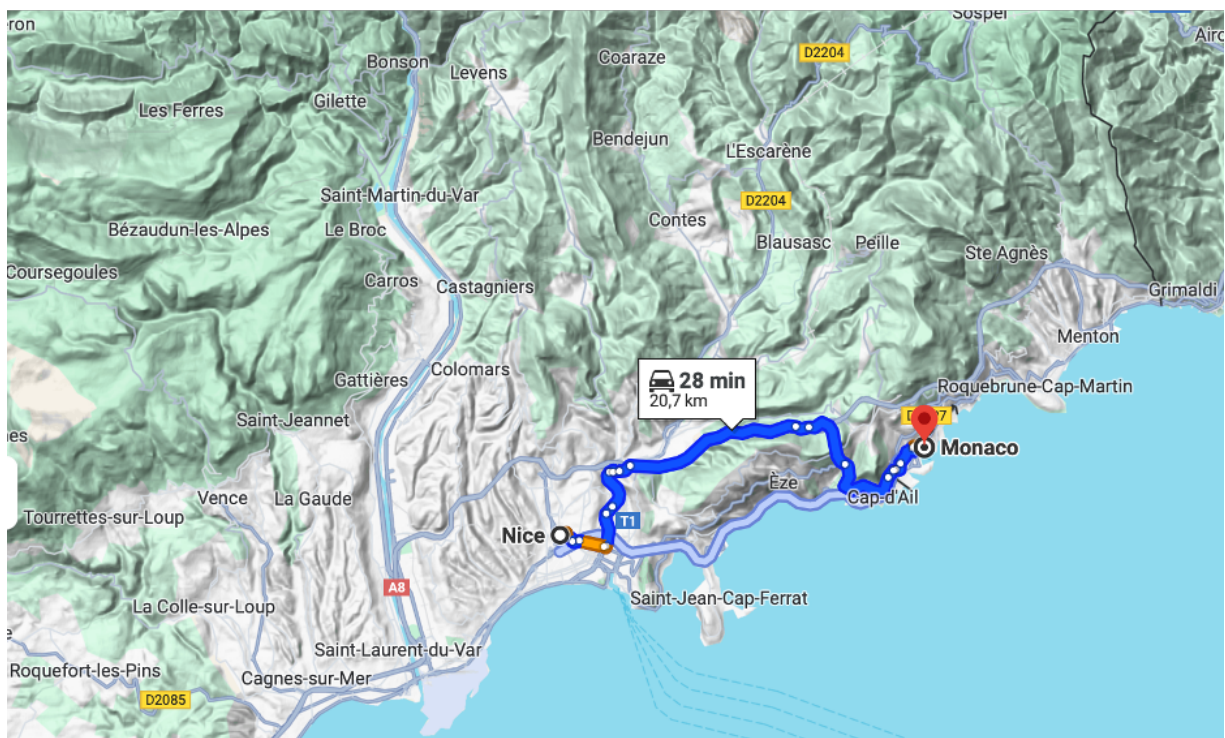
Airport Transfers

Transfers can be reserved directly with RTS MONACO - <https://www.rts-monaco.mc/fr/>
Please mention "SSEKF" in the booking to access the special rates.

The negotiated price is 941,6 € inc. VAT for a return ticket for 53 PAX.

Train

You can also conveniently reach MONACO by train through the French Railway (www.sncf.fr) and the Bus system.



COMPETITION INFORMATION

October 31, 2024 – November 3, 2024

Venue

The Competition venue is at the **ESPACE SAINT ANTOINE, FONTVEILLE, LIASON MARQUET**

The Competition will be held on **three or four Tatamis** (depending of the number of referees)

ESPACE SAINT ANTOINE

(<http://www.stadelouis2.mc/installations-sportives/espace-saint-antoine/>)





All Registration and weigh-ins as well as Meetings, Courses and Briefings will be held at Riviera Marriott Hotel La Porte de Monaco - Port de Cap d'Ail, 06320 Cap-d'Ail (200m walking distance from the Venue).

Athletes

The tournament is open to all SSEKF members. All members of the national teams can participate (holding a passport/ID, residence card or membership of the national team).

Participants cannot be member of any other national team. The national federation will guarantee the membership accordingly. (Checks will be done through Sportdata by the executive committee.)

Registration Process

Entries must be submitted on the Sportdata website, <https://www.sportdata.org/wkf/set.php?id=639>

Deadline is October 10th, 2024.

No registration or substitution is possible after this date.

Registration Fees

Referee Course and Exam Fee	40.- EUR
2024 Annual Country License	200.- EUR per country
Competition Fee	60.- EUR per competitor (no matter how many categories)

Payments must be received by October 11th, 2024. All fees are payable by bank transfer to the SSEKF bank account:

Account number: 40025273102
IBAN: MT09VALL22013000000040025273102
Swift Code: VALLMTMT Bank:
Bank of Valletta plc

Competition Rules

The competition will be ruled by the last WKF rules as well as the official sports rules SSEKF, for all categories.

Program and Draws

Details of the competition program will be made available after all delegations' registration has been concluded. The draw will take place 1 day before the tournament via the Sportdata system.

At the championships, the finalists of all events of the previous year will be separated in different pools.

Each team will be provided with two (2) sets of printed draws. If you need additional draws, you must print them out yourself.

Liability

Each competitor must have their own medical insurance. The organizer does not accept any form of liability whatsoever.

Each competitor will have to sign a waiver to participate in the Championship.

Eligibility

Participating Athletes

In each category, 2 athletes per nation are eligible to compete.

In Senior Kata only, 3 athletes per nation are eligible to compete.

In team competition, each nation may enter up to 1 team per category. The athletes must compete for the country they were registered by.

Athletes are permitted to compete once each in individual kata, individual kumite, team kata and team kumite (one team in each discipline). Moreover, junior athletes can register in senior individual kata based on the WKF rule for 16+ years of age.

Athletes' age category will be determined by their age on the first day of competition, October 31st, 2024.

Each competitor must have their own medical insurance. The organizer does not accept any form of liability whatsoever.

Referees

Every country is obliged to provide at least four (4) referees.

Referees with a valid WKF/EKF license are welcomed. **National referees must take the SSEKF Course, Briefing and License examinations in both kata and kumite**, which are based on the WKF exams. Only referees participating in the briefing and/or taking the exams can officiate the SSEKF European Championships. The referee course and accreditation process will be communicated to the national federations.

Coaches

Only persons with a valid, official SSEKF coach accreditation card can enter the competition area. Other persons are not allowed in the competition area.

Official dress code is a track suit. The coach card is to be always worn visibly.

Categorie

Individual Kata

- Male / Female U14 (12 - 13 years)
- Male / Female Cadet (14- 15 years)
- Male / Female Junior (16- 17 years)
- Male / Female U21 (18- 20 years)
- Male / Female Senior (18+ years)

Team Kata

Each team must consist of 3 competitors.

- Male / Female U14 (12 - 13 years)
- Male / Female U18 (14 – 17 years)
- Male / Female Senior (16+ years)

Individual Kumite

If fewer than 3 competitors are registered in a category, the competitors will automatically be reallocated to the next higher weight category. If fewer than 3 competitors are registered in the highest category, they will automatically be reallocated to the next lower category.

In Kumite modality and in any weight if there are less than four competitors the organization reserves the right to pass the category/ies to OPEN.

	Age (yrs)	Female categories	Male categories
U14	12 - 13	- 42 kg, - 47 kg, - 52 kg, + 52 kg	-40 kg, -45 kg, -50 kg, -55 kg, +55 kg
Cadet	14 - 15	-47 kg, -54 kg, -61 kg, +61 Kg	-52 kg, -57 kg, -63 kg, -70 kg, +70 kg
Junior	16- 17	-48 kg, -53 kg, -59 kg, - 66 kg, +66 kg	-55 kg, -61 kg, -68 kg, -76 kg, +76 kg
U21	18 - 20	-50 kg, -55 kg, -61 kg, -68 kg, +68 kg, Open	-60 kg, -67 kg, -75 kg, -84 kg, +84 kg, Open
SENIOR	18 +	-50 kg, -55 kg, -61 kg, -68 kg, +68 kg, Open	-60 kg, -67 kg, -75 kg, -84 kg, +84 kg, Open

Team Kumite

All categories will have teams of 3 athletes. Each team may include an alternate athlete, for a total of 4 registered team members. It will be possible to compete with only 2 competitors.

- Male / Female U14 (12 - 13 years)
- Male / Female Cadet (14 - 16 years)
- Male / Female Junior (16 - 17 years)
- Male / Female U18 (16 - 17 years)
- Male / Female Senior (18+ years)

Planned Program

Thursday, October 31st

Hotel Marriott

- 14.00-19.00 Registration of the Delegations (according to their plane arrival time the registration deadline will be postpone)
- 16.00-16.30 Technical committee meeting
- 16.30-18.15 EC and Congress meeting
- 19.00 President's Dinner with Antonio Espinos**

Friday, November 1st

Hotel Marriott

- 08.30-10.00 Registration of the Delegations
- 10.30-11.30 DRAWS
- 08.30-09.00 Referee committee meeting
- 09.00-11.00 Referee seminar
- 11.00-12.00 Referee exams
- 12.00-12.30 Referee and coach briefing (incl. deployment of Tatamis)

Espace Saint Antoine

- 14.00 Entry of competitors
- 14.30 Kata & Kumite Individual U14/Cadet
- 18.00 Awards Ceremony

Saturday, November 2nd (Individual Competition)

Espace Saint Antoine

- 08.30 Entry of competitors
- 09.00 Kata Individual Eliminations & Repechages (Juniors, Seniors, U21)
- 12.00 Awards Ceremony
- 12.30 Opening Ceremony
- 14.00 Kumite Individual Eliminations & Repechages (Juniors, Seniors, U21)
- 18.00 Awards Ceremony

Sunday, November 3rd (Individual & Team Competition)

Espace Saint Antoine

- 08.30 Entry of competitors
- 09.00 Kata Team Eliminations & Repechage
- 10.30 Kumite Team Eliminations & Repechages
- 13.00 Awards Ceremony
- 14.00 Referee debriefing
- Evening Departure, all delegations

Hotels

Monaco is the smallest country in the world and there are many hotels that are within less than 1 km of the venue.

PLEASE NOTE:

Enter "SSEKF" in the subject line so that the hotels know that they must book these reservations with the corresponding special rates (SSEKF).



The Monaco Karate Federation negotiated the following rates:

165 € single bed with breakfast / night

185 € double bed with breakfast / night

230 € triple bed with breakfast / night

IMPORTANT

**HOTEL MUST BE BOOKED BEFORE 31 MAY 2024
PAYMENT SHOULD BE MADE BEFORE 30 JUNE 2024**



Riviera Marriott Hotel La Porte de Monaco



We have booked 150 rooms for single and double use as well as 3-bed rooms.

Booking: www.marriott.com/fr/hotels/mcmcd-riviera-marriott-hotel-la-porte-de-monaco

Address: Port de Cap-d'Ail
06320 CAP D'AIL

+33 4 92 10 67 67

mhrs.mcmcd.reception@marriott.com

Contact: Marta RANIERI

MAIL: marta.ranieri2@marriott.com

Distance to venue: 200 m walking distance

Breakfast included

Free WiFi


COLUMBUS
MONTE-CARLO *Columbus Monte-Carlo*



We have booked 100 rooms for single and double use as well as 3-bed rooms.

Booking: www.columbushotel.com
Address: **23 AVENUE DES PAPALINS,
MC 98000 MONACO**

+377 92 05 90 00

INFO@COLUMBUS.MC

Contact: Carole ALLEVA

MAIL: calleva@columbus.mc

Distance to venue: 600 m walking distance

Breakfast included

Free WiFi

Hotel Overview Prices

PLEASE NOTE:

Enter "SSEKF" in the subject line so that the hotels know that they must book these reservations with the corresponding special rates (SSEKF). In addition, you have the direct contact details with the hotel manager in charge of us.

Bus Service Monaco (public transportation)

There is a well-covered public transportation network within Monaco connecting through busses. You can find the schedule and pricing details here: <https://www.cam.mc>
However, you can cross the country by walking in less than an hour !

Monaco Tourist Office

For sightseeing tours or anything else you would like to know and/or organize in Monaco, please reach out to <https://www.visitmonaco.com/>

Useful Information about Monaco

Language: The official language is French, but nearly everyone understands and speaks English and Italian.

Currency: EUR. Bank offices are open from 08:30–12:30 & 13:30–17:30
Monday to Friday.

Several ATMs are available.

Weather: In October – November, it is a little mixed. Temperatures are usually between 11 and 20°C.

Time: Central European Time (GMT +1)

Electricity: 220V. Monaco uses a standard plug with two or three round pins.

Phone: Prefix is +377. Even if Monaco is not a part of EU/EEA roaming regulations is included in EU/EEA; however always check with your phone provider to see what roaming charges you might incur.

Visa: Not necessary for citizens of any SSEKF member state.

Emergency telephone number: local Ambulance/Police/SOS 112