

8th SMALL STATES OF EUROPE



FOREWORD BY THE WKF PRESIDENT

As the Karate world is slowly but steadily returning to normal, we find our international calendar filled with plenty of anticipated events. We are ready to enjoy tournaments of great relevance for our sport in 2022 as all of them constitute the window to show the greatness of our discipline to the world.

Liechtenstein will host one of such events. The eight edition of the Small States of Europe Karate Championships will be held in Vaduz from September 22 to 25, 2022. It will be an excellent opportunity to demonstrate the growing level of excellence of our events.

The tournament is also set to give karatekas from the Small States of Europe the opportunity to show their abilities in a first-class competition. The progress of our athletes is built on their participation in top events and the 8th Small States of Europe Karate Championships will be no exception.

I would like to thank the National Federation of Liechtenstein and its president Katherine Broder, and the Small States of Europe Karate Federation and its president Andreas Vasileiou for all their efforts in hosting this event.

Best of luck to all the participants and organisers, and a big “OSS” to all of you Karate fans.
Sincerely,

Antonio Espinós
EKF and WKF President



WELCOME BY THE SSEKF PRESIDENT

Dear Karatekas,

I want to extend a warm welcome to all of you athletes, coaches, referees, officials and other delegates to Liechtenstein and at the same time express our thanks and appreciation for your willingness to participate at the 8th SSEKF Karate Championships to be held in Vaduz on 22 to 25 September 2022.

I have the pleasure to congratulate the Liechtenstein Karate Federation and specially its president Katherine Broder for its initiative to host the championship in this very adverse worldwide economic situation and at the same time would like to underline the SSEKF'S support for the organization of such sport events which is for the benefit of all athletes and in general for Karate.



Besides I would like to express our sincere respect to the president of WKF/EKF Antonio Espinos for his continuous support and guidance to the SSEKF.

I'm sure that the 8th SSEKF championships will be an unforgettable experience of all stakeholders and thus wishing you every success in your participation as well as a pleasant stay, I call upon you to take advantage of every opportunity to see the beauties of Liechtenstein and experience the warm feeling of its people.

Sincerely,

Andres Vasileiou
SSEKF President

WELCOME BY THE LIECHTENSTEIN KARATE FEDERATION PRESIDENT

On behalf of the Liechtenstein Karate Federation, I have the pleasure of inviting you to the 8th SSEKF Karate Championships in Liechtenstein, to be held in Vaduz on 22 to 25 September 2022.

The Liechtenstein Karate federation is proud and very honored to host this competition in the heart of Europe.

The Championships will be hosted in the Spörry Areal, our multi-event and sports facility, in Vaduz. Situated below the Prince's castle and with a beautiful view over the Rhine valley.

The 8th SSEKF Karate Championships will be a key event prior the GSSE Small States Olympic Games in Andorra in Summer 2025, where Karate will be participating for the first time.

We are very much looking forward to hosting the SSEKF athletes and their delegations and hope they take along unforgettable memories to their hometowns all over Europe.

We are determined and committed to do our utmost to make this championship a great event.

I'm very much looking forward to welcoming you all soon in Vaduz, Liechtenstein.

Sincerely,

Katherine Broder

President Liechtenstein Karate Federation



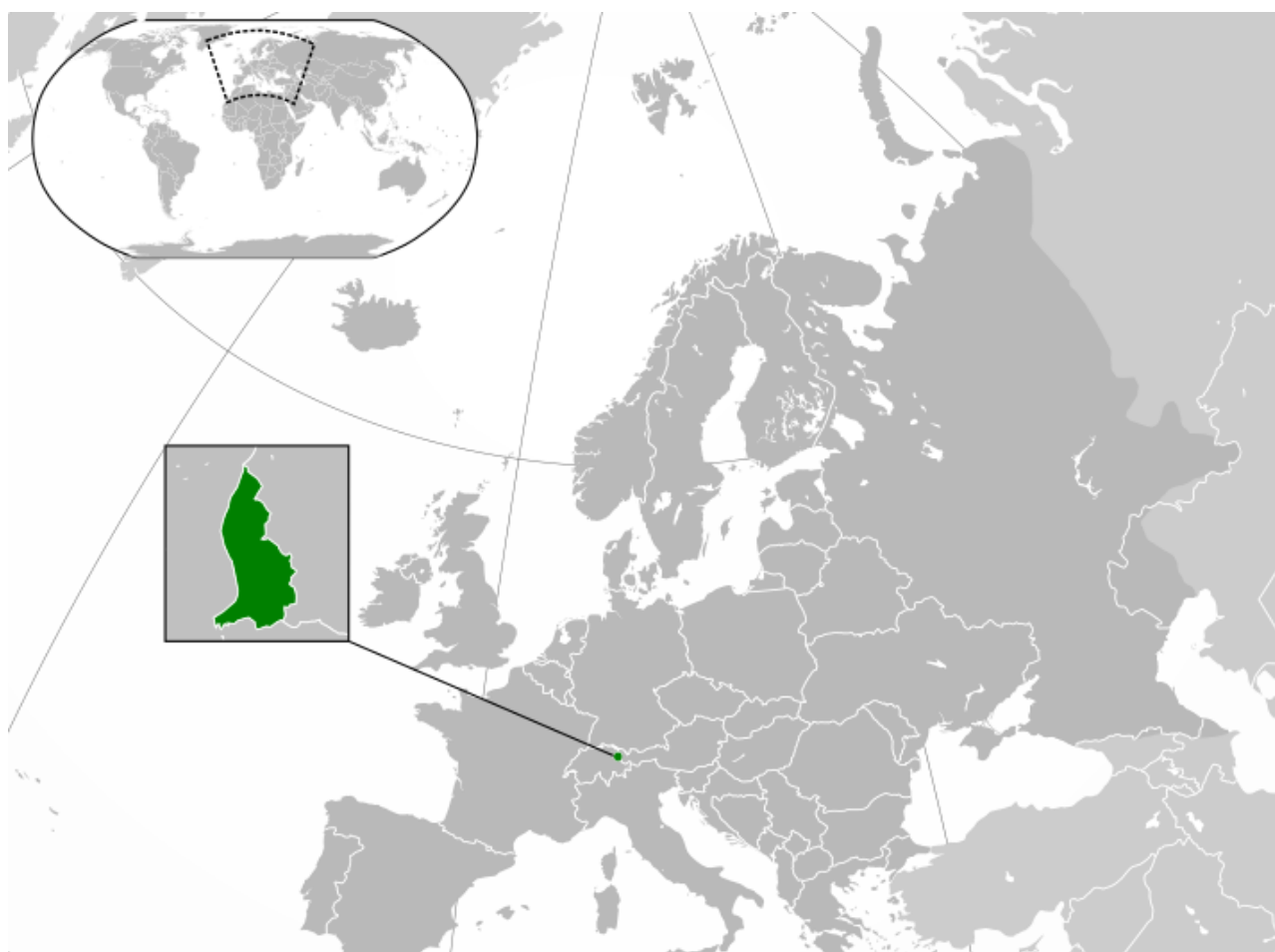
TRAVEL INFORMATION

We advise all delegations to arrive latest on Thursday, September 22th, 2022 lunchtime.

Car or Bus

Liechtenstein is connected through highways reachable from Austria and also from Switzerland. Delegations traveling by Bus or Car and can easily get there from all over Europe.

For Delegation arriving by Bus – kindly keep your Bus during the championship as this will allow the delegations to move between Hotel and Venue at their own convenience.



Airport

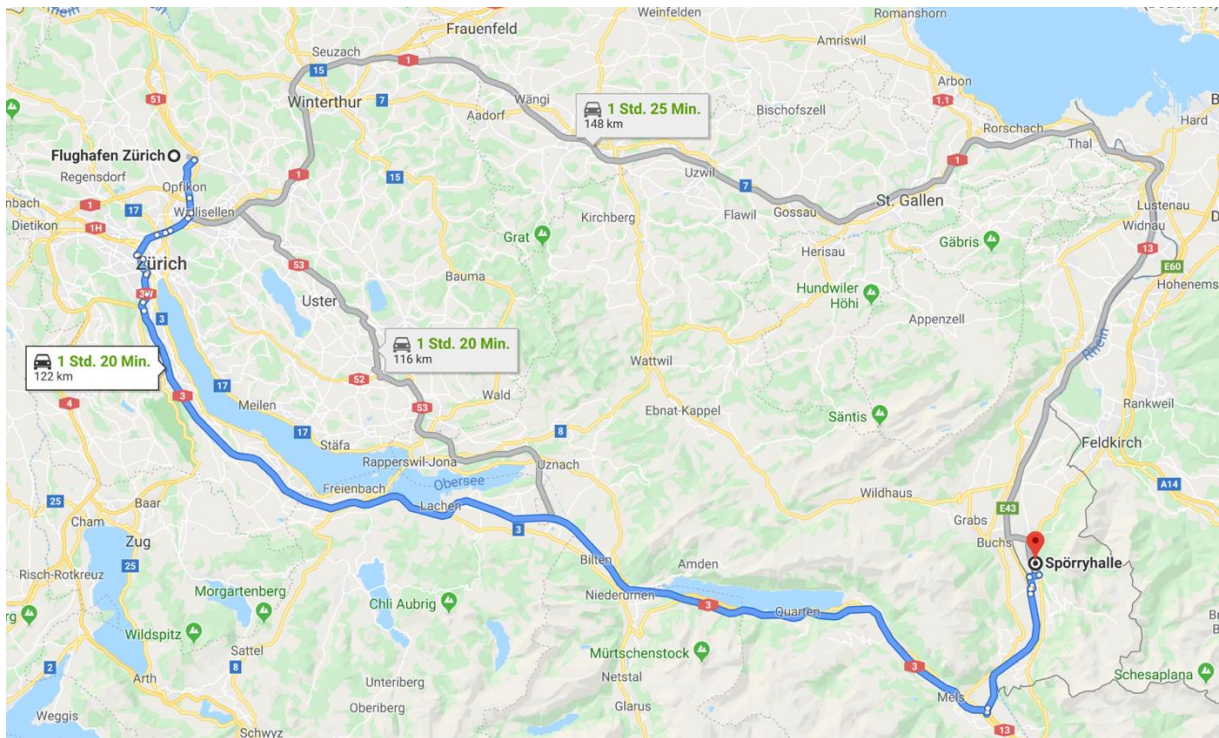
Liechtenstein has no own airport. The nearest major airport is the Zürich International Airport in Switzerland. It is located approximately 120 km (1.5h car drive) from Liechtenstein and provides international connections to almost anywhere in the world.

Airport Transfers

Transfers can be reserved directly with info@psanstalt.li – Mr. Philipp Schädler
Please mention "SSEKF" in the booking to access the special rates.

Train

You can also conveniently reach Liechtenstein and it's villages by train through the Swiss Railway (www.sbb.ch/de) and the Bus system in Liechtenstein.



COMPETITION INFORMATION

September 22 – 25.2022

Venue

The Competition venue is at the **Spörryhalle, Rüfestrasse 6, 9490 Vaduz**.
The Competition will be held on **four Tatamis**.

Spörryareal, Competition Venue (<http://veranstaltungsstaetten.vaduz.li>)



All Registration and weigh-ins as well as Meetings, Courses and Briefings will be held at the Foyer and Meeting Rooms at the Vaduzersaal in Vaduz (Giessenstrasse) downtown Vaduz.



Athletes

The tournament is open to all SSEKF members. All members of the national teams can participate (holding a passport/ID, residence card or membership of the national team).

Participants cannot be member of any other national team. The national federation will guarantee the membership accordingly. (Checks will be done through Sportdata by the executive committee.)

Registration Process

Entries must be submitted on the Sportdata website, www.sportdata.org

Deadline is August 31st, 2022.

No registration or substitution is possible after this date.

Registration Fees

Referee Course and Exam Fee	40.- EUR
2022 Annual Country License	200.- EUR per country
Competition Fee	40.- EUR per competitor (no matter how many categories)

Payments must be received by September 8th, 2022. All fees are payable by bank transfer to the SSEKF bank account:

Account number: 40025273102
IBAN: MT09VALL22013000000040025273102
Swift Code: VALLMTMT Bank:
Bank of Valletta plc

Competition Rules

The competition will be ruled by 2022 WKF rules as well as the official sports rules SSEKF, for all categories.

Program and Draws

Details of the competition program will be made available after all delegations' registration has been concluded. The draw will take place 1 day before the tournament via the Sportdata system.

At the championships, the finalists of all events of the previous year will be separated in different pools.

Each team will be provided with two (2) sets of printed draws. If you need additional draws, you must print them out yourself.

Liability

Each competitor must have their own medical insurance. The organizer does not accept any form of liability whatsoever.

Eligibility

Participating Athletes

In each category, 4 athletes per nation are eligible to compete. In team competition, each nation may enter up to 4 teams per category. The athletes must compete for the country they were registered by.

Athletes are permitted to compete once each in individual kata, individual kumite, team kata and team kumite (one team in each discipline). Moreover, junior athletes can register in senior individual kata based on the WKF rule for 16+ years of age.

Athletes' age category will be determined by their age on the first day of competition, September 11th, 2022.

Each competitor must have their own medical insurance. The organizer does not accept any form of liability whatsoever.

Referees

Every country is obliged to provide at least four (4) referees.

Referees with a valid WKF/EKF license are welcomed. **National referees must take the SSEKF Course, Briefing and License examinations in both kata and kumite**, which are based on the WKF exams. Only referees participating in the briefing and/or taking the exams can officiate the SSEKF European Championships. The referee course and accreditation process will be communicated to the national federations.

Coaches

Only persons with a valid, official SSEKF coach accreditation card can enter the competition area. Other persons are not allowed in the competition area.

Official dress code is a track suit. The coach card is to be worn visibly at all times.

Categorie

Individual Kata

- Male / Female U13 years (12 years)
- Male / Female U14 years (13 years)
- Male / Female Cadet (14-15 years)
- Male / Female Junior (16-17 years)
- Male / Female U21 (18-20 years)
- Male / Female Senior (16+ years)

Team Kata

Each team must consist of 3 competitors.

- Male / Female U14 years (12-13 years)
- Male / Female U18 years (14-17 years)
- Male / Female Senior (16+ years*)

** In Senior team kata, two competitors who are 16+ years old and one who is 14-15 years old may form a team. Only one competitor in a Senior team may be 14-15 years old. Bunkai is required in bronze and gold matches in Senior categories.*

Individual Kumite

If fewer than 3 competitors are registered in a category, the competitors will automatically be reallocated to the next higher weight category. If fewer than 3 competitors are registered in the highest category, they will automatically be reallocated to the next lower category.

In Kumite modality and in any weight if there are less than four competitors the organization reserves the right to pass the category/ies to OPEN.

	Age (yrs)	Female categories	Male categories
U13	12	–42 kg, -47 kg, +47 kg	-35 kg, -40 kg, -45 kg, -50 kg, +50 kg
U14	13	–42 kg, -47 kg, +47 kg	-40 kg, -45 kg, -50 kg, -55 kg, +55 kg
Cadet	14–15	-47 kg, -54 kg, +54 kg	-52 kg, -57 kg, -63 kg, -70 kg, +70 kg
Junior	16–17	-48 kg, -53 kg, -59 kg, +59 kg	-55 kg, -61 kg, -68 kg, -76 kg, +76 kg
Senior	18+	-50 kg, -55 kg, -61 kg, -68 kg, +68 kg, OPEN	-60 kg, -67 kg, -75 kg, -84 kg, +84 kg, OPEN

Team Kumite

All categories will have teams of 3 athletes. Each team may include an alternate athlete, for a total of 4 registered team members. It will be possible to compete with only 2 competitors.

- Male / Female U14 years (12-13 years)
- Male / Female U16 years (14-15 years)
- Male / Female U18 years (16-17 years)
- Male / Female Senior (+18 years)

Planned Program

Thursday, September 22th

Foyer Vaduzersaal, Vaduz

14.00-19.00	Registration of the Delegations
15.00-16.00	Executive committee meeting
16.00-17.00	Congress meeting
17.00-18.00	Technical committee meeting
19.00	President's Dinner with Antonio Espinos (Hofkellerei, Vaduz) for all NF Presidents and VIPs

Friday, September 23th

Foyer Vaduzersaal, Vaduz

08.30-10.00	Registration of the Delegations
10.00-11.00	DRAWS
09.00-10.00	Referee committee meeting
10.00-12.00	Referee seminar and exams
12.00-12.30	Referee and coach briefing (incl. deployment of Tatamis)

Spörry Areal (Main Arena)

14.00	Entry of competitors
14.30	Kata Individual Eliminations & Repechages
16.30	Kumite U13/U14 Individual

Saturday, September 24th (Individual Competition)

Spörry Areal (Main Arena)

08.00	Entry of competitors
08.30	Kata Individual Eliminations & Repechages
10.30	Kumite U31/U14 Individual
11.30	Kata Individual Finals (Seniors / U21)
12.00	Awards Ceremony
12.30	Opening Ceremony
14.00	Kumite Individual Eliminations & Repechages U16/U18/U21/Seniors
19.00	Awards Ceremony

Sunday, September 25th (Individual & Team Competition)

Spörry Areal (Main Arena)

08.00	Entry of competitors
08.30	Kata Team Eliminations & Repechage
11.30	Kumite Individual Eliminations & Repechages U16/U18/Seniors
11.30	Kata Team Finals
12.15	Awards Ceremony
12.00	Kumite Team Eliminations & Repechages
17.00	Kumite Team Bronze & Finals
17.30	Awards Ceremony
18.00	Referee debriefing
Evening	Departure, all delegations

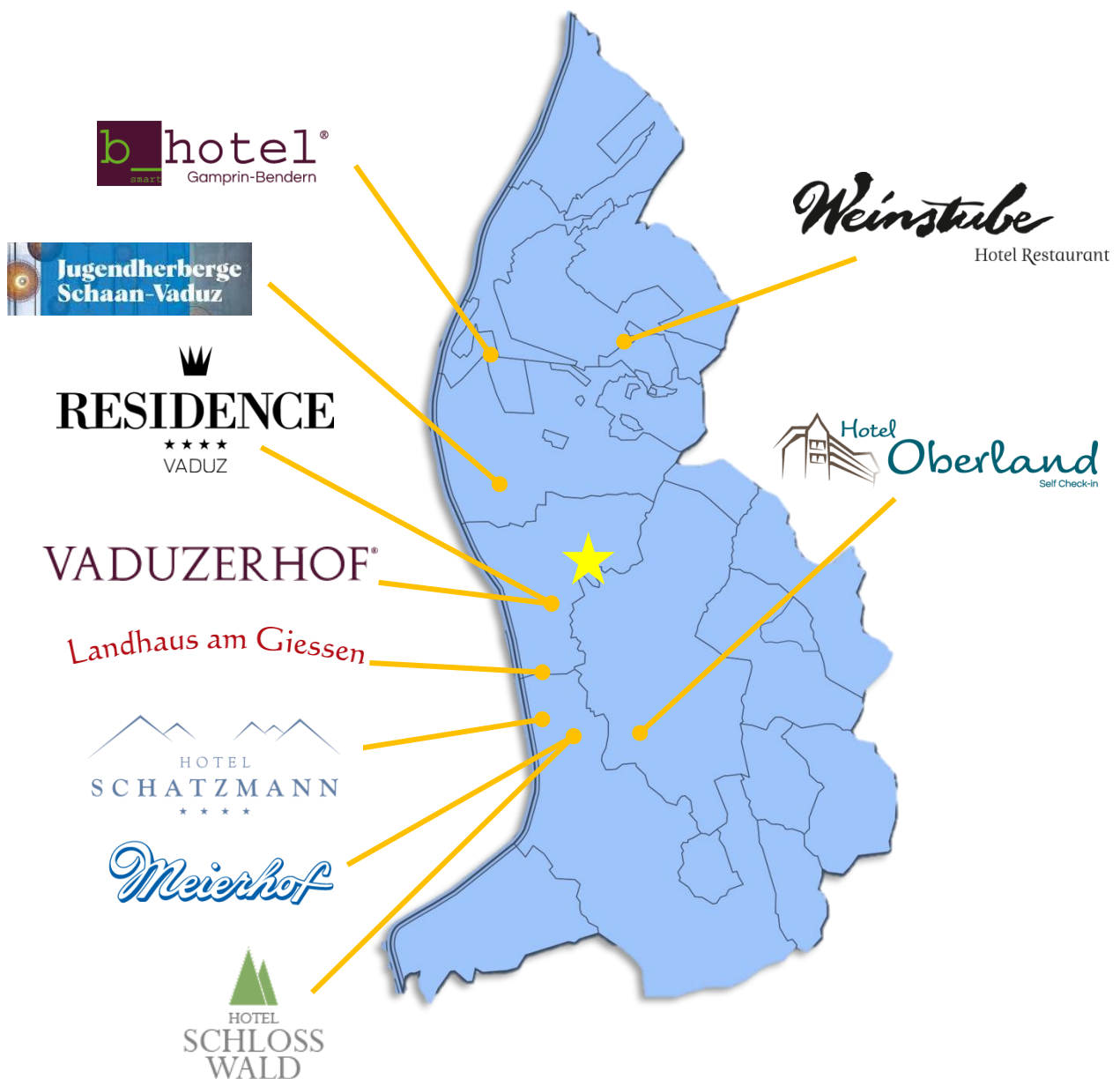
Hotels

Liechtenstein is a small country and there are many hotels that are within 5-20 km of the venue.

PLEASE NOTE:

Enter "SSEKF" in the subject line so that the hotels know that they must book these reservations with the corresponding special rates (SSEKF).

★ Venue destination





Our ***Superior House is conveniently located in the border triangle Liechtenstein-Switzerland-Austria and yet only a few steps away from an extensive local recreation area.

We have 17 modernly equipped rooms for single and double use as well as 3-bed rooms. Hospitality, flexibility and attentive service are a matter of course for us. No less impressive is the magnificent view of the surrounding mountains.



Booking: www.weinstube.li
 Address: **Hotel Weinstube***S**
 Churer Strasse 10,
 LI - 9485 Nendeln

☎ +423 / 230 47 47
 ✉ office@weinstube.li

Distance to venue: 6.9 km with car

Breakfast included
 Free WiFi



check-in area and outdoor parking spaces, access to b_smart fit & well including iLifeSOMM regeneration loungers

Just a five minute drive from Switzerland's Rhine valley highway A13, the b_smart hotel Bendern is located in the heart of the industrial and commercial location of the Principality of Liechtenstein, near the maintown Vaduz. You can check in yourself around the clock at our check-in terminal.

The price per room and night includes: Overnight stay including breakfast, high speed WiFi in the entire hotel, free parking garage with separate

Booking: www.b-smarts.net/bendern
 Address: **b_smart Hotel Bendern**
 Selemad 12
 LI - 9487 Gamprin-Bendern

☎ +423 / 230 47 47
 ✉ bendern@b-smarts.net

Distance to venue: 6.8 km with car

Breakfast included
 Free WiFi



Landhaus am Giessen



In our two-star-superior hotel in Vaduz, you will find all you need to spend a comfortable and pleasant time in Liechtenstein. Please come in and be our guest. Enjoy the cozy atmosphere and let us care for your well-being. Our 22 cozy rooms (40 beds) are all equipped with a shower, a toilet, a hair drier, a balcony, a telephone and a TV.

Booking: www.giessen.li
 Address: **Landhaus am Giessen Hotel**
 Zollstrasse 16,
 LI - 9490 Vaduz

Distance to venue: 2.6 km with car

Breakfast included
 Free WiFi

+423 / 235 00 35
 info@giessen.li



The youth hostel in the middle of it all invites you to explore. Dinner is served overlooking fields and mountain panoramas with fiery sunsets. In the evening, depending on the weather, the barbecue is served. The meadow in front of the house invites you to play football, table tennis and playground equipment are available.



Booking: www.youthhostel.ch
 Address: **Schaan-Vaduz Youth Hostel**
 Unter Rüttigass 6
 LI - 9494 Schaan

Distance to venue: 1.6 km with car

Breakfast included
 Free WiFi

+423 232 50 22
 schaan@youthhostel.ch

RESIDENCE
★★★★
VADUZ

Right below the Pincely castle, in the very city center of Vaduz, we welcome you with 46 luxury rooms. Thomas Decock offers a modern interpretation of french haute-cuisine mixed with seasonal and fresh products, surrounded by a charming and cozy ambiance. Since 13 years we count endless customers as our regular guests, who enjoy our tailored service and a family-style team-work.



Booking: www.residence.li
Address: **Hotel Residence**
Städtle 23
LI - 9490 Vaduz

Distance to venue: 1.6 km with car
Breakfast included
Free WiFi

+423 / 239 20 20
info@residence.li

TRIESEN
HOTEL
SCHATZMANN
★★★★



of the modern rooms and suites in the very quiet additional house.

Surrounded by a beautiful mountain landscape, yet only 1.3 km from Vaduz, Anja Schatzmann Fux and her team offer you a very comfortable and relaxing stay. Enjoy our special atmosphere and feel at home. We look forward to welcoming you as our guest. Our 29 rooms and suites have been furnished with great attention to detail. Enjoy your stay in one of the standard rooms in the main house or in one

Booking: www.schatzmann.li
Address: **Hotel Schatzmann**
Landstrasse 80
LI - 9495 Triesen

Distance to venue: 4.1 km with car
Breakfast included
Free WiFi

+423 / 399 12 12
info@schatzmann.li

Meierhof

Just 7 minutes by car will take you from the Swiss A 13 Autobahn to the Hotel Meierhof in a slightly elevated position, which makes it a wonderful view of the Swiss and Liechtenstein mountain landscapes.

Arrival is possible around the clock and check in independently at the Self Check-in Terminal. The 43 simple rooms offer the ideal place to relax near Vaduz.



Booking: www.meierhof.li
 Address: **Hotel Meierhof**
 Meierhofstrasse 15
 9495 Triesen

+423 / 399 00 11
 info@meierhof.li

Distance to venue: 3.7 km with car

Breakfast included

Free WiF



The particularly friendly greeting awaiting you at our spacious Reception is part of our philosophy: The Guest is King! Whether you are alone, a couple or a member of a party, whether on business or holiday, you will feel at home in the intimate atmosphere of our hotel with 33 rooms (two of these accessible by wheelchair). And true to our maxim, our rooms are, of course, tastefully as well as comfortably furnished. Harmonious architecture, discreet colours and refined

decor contribute to the charming atmosphere.

Booking: www.schlosswald.li
 Address: **Hotel Schlosswald**
 Eichholzweg 6
 LI - 9495 Triesen

+423 / 392 24 88
 info@schlosswald.li

Distance to venue: 3.9 km with car

Breakfast included

Free WiFi



Hotel Oberland in Triesenberg is a Self Check-In Hotel with a fabulous view of the Liechtenstein and St. Gall Rhine Valley.

The modern suite rooms offer the ideal setting for a relaxing stay for business travelers & holidaymakers exploring the Principality of Liechtenstein. From the Rhine Valley motorway A13, continue past the main town of Vaduz and in just

12 minutes you'll be in the Walser community of Triesenberg, 800m above sea level, from where you can enjoy a unique view.

Booking: www.hotel-oberland.li

Address: **Hotel Oberland**
Bergstrasse 25
9497 Triesenberg

Distance to venue: 6.8 km with car

Breakfast included

Free WiFi

☎ +423 / 265 01 01

✉ booking@hotel-oberland.li

Hotel Overview Prices

PLEASE NOTE:

Enter "SSEKF" in the subject line so that the hotels know that they must book these reservations with the corresponding special rates (SSEKF).

Observations with the corresponding special rates (CHF):						
Hotel	Cat.	Rooms	Qty.	Room Price	room max Pers	Total Persons in Hotel
b_smart Hotel Bendorf	****	Suite for 2 Pers.	3	395.00 CHF	6	56
		Junior Suit for 2 Pers.	4	265.00 CHF	12	
		Double room (superior)	6	185.00 CHF	12	
		Double room (smart)	15	175.00 CHF	30	
Weinstube	***	Double room	5	175.00 CHF	10	10
Giessen	**	Double room	11	157.00 CHF	22	22
Residence	****	Double room standard	10	257.00 CHF	20	20
Schaan-Vaduz Youth Hostel		Double room	12	114.00 CHF	24	104
		4-Bed room	7	164.00 CHF	28	
		6-Bed room	6	222.00 CHF	36	
		4-Bed Family room	4	208.00 CHF	16	
Schatzmann	****	Komfort-Double room	15	195.00 CHF	30	51
		Juniorsuite for 3 Pers.	4	310.00 CHF	12	
		Economy-Single	9	130.00 CHF	9	
Meierhof	***	Single room small	5	100.00 CHF	5	45
		Single room Superior	4	110.00 CHF	4	
		Double room	17	160.00 CHF	34	
		Apartement 2 Pers.	1	215.00 CHF	2	
Schlosswald	***	Single room	3	130.00 CHF	3	49
		Double room	20	170.00 CHF	40	
		Triple room	2	210.00 CHF	6	
Oberland	***	Double room	10	145.00 CHF	20	20
Vaduzerhof	***	Double room Standard	8	185.00 CHF	16	32
		Double room Superior	8	195.00 CHF	16	
					TOTAL	409

Bus Service Liechtenstein (public transportation)

There is a well covered public transportation network within Liechtenstein connecting all village through busses. You can find the schedule and pricing details here: www.liemobil.li/de

Liechtenstein Tourist Office

For sight seeing tours or anything else you would like to know and/or organize in Liechtenstein, please reach out to www.tourismus.li/en

Useful Information about Liechtenstein

Language: The official language is German, but nearly everyone understands and speaks English.

Currency: CHF. Bank offices are open from 08:00–12:15 & 13:30–16:30
Monday to Friday.

Several ATMs are available.

Weather: in September it is a little mixed. Temperatures are usually between 11 and 20°C.

Time: Central European Time

Electricity: 220V. Liechtenstein uses a standard plug with two or three round pins.

Phone: Prefix is +423. Liechtenstein is not a part of EU/EEA roaming regulations; check with your phone provider to see what roaming charges you might incur.

Visa: Not necessary for citizens of any SSEKF member state.

Emergency telephone number: local Ambulance/Police/SOS 112